

OCTOBER NEWSLETTER 2024

Techy Tea Party

We're hosting a 'Techy Tea Party' on Monday 14th October from 11:00 AM to 1:00 PM at Rosaline Hall (70 Rosaline Rd, SW6 7QT) to help more people get online during #GETONLINEWEEK, the UK's largest annual digital inclusion campaign.

This drop-in is in collaboration with Elsevier, an Information Analytics Business, who are kindly supporting with sending volunteers to support the session.

Drop in for some **tea and cakes**, and a friendly volunteer/staff member will help and support you with any questions. If you haven't used a computer before, this a great way to start - you can make use of ours laptops.



ELSEVIER



Good Things
Foundation

Best Wishes to Grace Fabean

After 2 years with Fulham Good Neighbours, we are saddened to say goodbye to our Volunteer Co-ordinator, Grace Fabean.

Grace brought transformational change, enhancing the wellbeing of both volunteers and beneficiaries. She ran two half-marathons, raising over £1,000+ for the charity, introduced the Choir Club, and consistently went above and beyond to ensure everyone felt supported. A few words:

'Thank you, everyone, for all of the wonderful memories. I'll always look back on my time at FGN fondly and I hope our paths cross in the future'

President: The Mayor of
Hammersmith & Fulham



October 2nd 2024

Social Clubs

Mon - Digital Support

11:00am; Exercise

2:00pm

Tues - Art Club

11:00am; Silver Lunch Club (monthly at St Peter Church Hall, Lillie Langtry, Kennedys, & 8 Bells)

Wed - Lunch Club

1:00pm; Online Art Club
3:00pm

Thurs - Reading Club

11:00am; Choir 1:00pm;
Exercise 3:00pm

Fri - Craft Club 11:00am

Sun - NO Sunday

Afternoon Tea this month

If you would like to join
our clubs please
contact us on 020 7385
8850.



Opportunity to work/volunteer with Fulham Good Neighbours

We have two roles (paid & unpaid) opening at Fulham Good Neighbours and highly welcome applicants in this network to apply:

Volunteer Co-ordinator - Paid

Since most of our work is delivered by volunteers, this post is critical to the effective delivery of our service. You will recruit, induct, and manage our volunteers; which, will include leading our Good Neighbour Scheme and Befriending projects and supporting the recruitment of volunteers for all other projects.

Craft Club Lead - Unpaid (Expenses paid)

You will guide and support beneficiaries in creative activities, fostering a friendly and inclusive environment. You'll also engage in befriending and building meaningful connections during the sessions. This role is for someone with a passion for crafts and a desire to make a positive impact in the lives of older people.

Please visit our website [here](#) for more information.



Daisy Trust

The Daisy Trust is holding its annual fundraiser fair on Monday 7th October at St Dionis Church, Parsons Green 9-5pm.

10% of sales on the day go to The Daisy Trust which supports those in need in the Hammersmith & Fulham community.

Tickets [here](#), info at www.daisytrust.org.



Fulham Through the Seasons

Fulham Good Neighbours, in collaboration with Higgins Partnership, proudly presents "Fulham Through the Seasons," a new mural created by our Art Club members and beneficiaries.

Through their Hartopp and Lannoy project, Higgins Partnership offered us the opportunity to showcase our work with this vibrant mural, soon to be unveiled at their Dawes Road site. Spanning 14 meters, the artwork celebrates the heart and spirit of Fulham.

This project was brought to life by the vision and dedication of our Art Club Lead, Roopa S Basu, a London-based artist. We're deeply grateful for her creativity and passion.

Our Art Club members embraced the chance to represent Fulham. The mural features iconic landmarks—majestic oak trees, parks, market stalls, and wildlife—through the eyes of those who love Fulham most.

For our beneficiaries, this project is a heartfelt contribution to a cherished community.

The unveiling will occur on Tuesday Morning the 29th of October on Dawes Road, Hartopp and Lannoy Point. Time to be confirmed.



Monique Newton

From our Trustee Robert Fryer

I'm sure many of you share my sadness at the passing of Monique Newton.

Monique began working with FGN by running our Sunday Teas while also developing The Smile Brigade, her organisation supporting local disadvantaged people. During the first Covid lockdown, The Smile Brigade flourished, providing food, meals, and household items to many, including Christmas meals in 2020 and 2021.

Monique's efforts earned local recognition, but she always credited her team. Due to ill health, she had stepped back recently.

As Kris Mikata and Jamie Hilton said: "It's hard to accept someone passing so young, especially someone we valued deeply." Our condolences go to Josh and her loved ones. May she rest in peace.

Artists' Corner

**"And all the blue flowers
reflecting back the sky"**

Elizabeth Jennings

"The little blue flowers by the path
through
have not recovered from the
strong pelting rain
thunder beating down to the tiled
ground
on this daybreak – ten days to
solstice summer."

Poem by Richard Tibbey

If you would like to have your poetry, painting, or any art piece featured in the next newsletter, please get in touch with staff.

Volunteer Corner

Please see our **Handbook [here](#)** & our **Safeguarding** policy **[here](#)**. Please contact us with any queries & ensure to expense your costs so that you are not out of pocket. If you are **concerned for a beneficiary**, please call 07907 990 841 or 020 7385 8850. If you are concerned, out of hours, please contact LBHF Adult Social Care on 020 8753 4198 – Option 3. They can arrange a welfare check if required. **In an emergency, please call 999.**



Contact us

☎ 020 7385 8850

✉ info@fulhamgoodneighbours.org

🌐 www.fulhamgoodneighbours.org

📍 70 Rosaline Rd, London, SW6 7QT

Social Media

🐦 [fulgdneighbours](#)

📷 [fulhamgoodneighbours](#)

📘 [Fulham Good Neighbours](#)

🏠 [Fulham Good Neighbours Service](#)

Supporters Scheme Form by Standing Order

Your details

TITLE

FIRST NAME

LAST NAME

ADDRESS

POST CODE

EMAIL

TELEPHONE NUMBER

REGISTERED CHARITY

1113752

PLEASE RETURN THIS
COMPLETED FORM TO:

**Fulham Good
Neighbours, Rosaline
Hall, 70 Rosaline Rd,
SW6 7QT, London**

To the Bank Manager

NAME OF YOUR BANK (BANK/BUILDING SOCIETY)

ADDRESS OF YOUR BANK

POST CODE

ACCOUNT NAME

ACCOUNT NUMBER

SORT CODE

Standing order mandate

I WOULD LIKE TO SET UP A STANDING ORDER FOR

£

TO BE PAID

(MONTHLY/YEARLY/OTHER)

STARTING PAYMENT ON

/ /

AND THEREAFTER UNTIL FURTHER NOTICE. PLEASE QUOTE REFERENCE:
SUPPORTERS SCHEME

PLEASE PAY THE ABOVE AMOUNT TO:

THE CO OPERATIVE BANK, BUSINESS DIRECT PO BOX 250, SKELMERSDALE, WN86WT

ACCOUNT NUMBER:

67309922

ACCOUNT NAME:

Fulham Good Neighbour Service

SORT CODE:

08-92-99

SIGNATURE:

DATE:

/ /

Gift Aid declaration (at no extra cost to you)

Gift Aid is a tax relief on money donated to UK charities by people who are UK taxpayers

Please increase the value of your donation by 25% by completing this Gift Aid Declaration.

☐

I understand that I must pay an amount of income Tax and/or Capital Gains Tax in the tax year, at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify and the charity will reclaim 25p of tax on every £1 that I have given.

giftaid it